



How I Feel

1. Warm-up

How are you today? Choose the picture about yourself.

				
I am angry	I am sad	I am OK	I am fine	I am happy

2. Lead-in

Think about your week. How often are you happy/ sad/ angry? What are your usual emotions (positive or negative)?

3. Vocabulary

Look at these pictures and match them with the words.

Hungry hot angry tired sad thirsty cold worried bored happy stressed





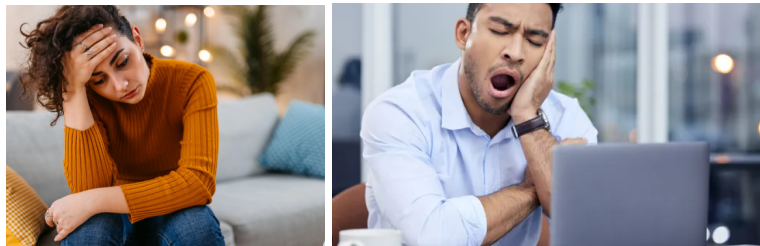
4. Grammar

Use be + tired, happy, sad, etc., for example, I am very hungry.
Complete the rule.

I	am
you/we/they	
he/she/it	

5. Vocabulary practice

Describe the picture and create a sentence.



Create the sentences as in example. You can add your own examples.

Example: He is not hot, he is cold.

- She/not/sad/happy.
- We/not/ tired/ stressed.
- I/ not/ bored/ hungry.
- You/ not/ stressed/ angry.

6. Grammar

Read the dialog.

Anna: Hey, Ben! **Let's go** to the park for a picnic!

Ben: That's a great idea! **Let's take a blanket** and some food.

Anna: Good idea. **Pack the sandwiches**, please.

Ben: Sure! **Pass me the basket.**

Anna: Here you go. **Don't forget the drinks!**

Ben: Got it! Oh, and **let's invite Sarah** to join us.

Anna: Perfect! **Call her now.**

Look at highlighted phrases and complete the chart.

Imperatives	
+	Pack the sandwiches. _____ me the basket. _____ her now.
-	_____ the drinks.
Suggestions	
_____ go. _____ take a blanket. _____ Sarah.	

Complete the dialogue with Let's ... and the verb in the list.

ask stop have go home

1. A I'm tired.
B OK. _____ and sit down.
2. A I'm hungry.
B Me too! _____ a sandwich in the cafe.
3. A Where is the bus station?
B I don't know. _____ that man.
4. A It's very late.
B Yes. _____

7.Speaking

Student A says how he/she feels.

Student B makes the imperatives or suggestions. Use the ideas from the list.

For example: - I am hungry.

- Let's have a sandwich.

- open/close the window/door
- watch TV
- go to the park
- bring some water
- relax
- read a book
- go to bed
- (not) worry
- call a friend
- take a vacation